

When you need a BIG **'No Bull feed'** grab one of our Nº8 pies. They are a whopping 220-230g and this one is made with Quorn mince so it is meat free. Just the ticket to keep you going if you are flexitarian or vegetarian.

MINCE-ATARIAN MINCE & CHEESE 220g

NUTRITIONAL INFORMATION:

Avg. Avg. Per serving Per 100g

989kJ

7.4g

12.7g

7.6g

22.1g

0.6g

2.2

480ma

2180kJ

16.4a

27.9g

16.8q

48.6g

1.3g

4.9

1060ma

Serving size per pack: 1

Energy:

Protein:

Total Fat:

Sugar:

Sodium:

Dietary Fibre:

Saturated Fat:

Total Carbohydrate:

When you have had a blast on the slopes there is nothing better than a No 8 Mince-atarian & Cheese Pie. Throw some at your hardened carnivore mates, they won't have a clue that it is meat free, as it tastes just like the real thing – No Bull!

A savoury meat-free mince style filling topped with a blend of tasty and mozzarella cheese - just like the real thing.

WHAT'S IN THIS BIG BOY: Water, wheat flour, Quorn Mince (14%)(mycoprotein (94%), rehydrated free range egg white, caramelised sugar, barley malt extract, acidity regulator (calcium acetate), firming agent (calcium chloride)), pastry margarine (vegetable oil, water, salt, emulsifier (471, 322), acidity regulator (500), antioxidant (307b), food acid (330), colour (160a)), cheese blend (Tasty/Mozzarella) (8.5%) (milk, salt, cultures, non-animal rennet, anticaking agent (460)), onion, modified starch (1414), butter, salt, seasoning (hydrolysed vegetable protein (soy, maize)), soybean oil (soy), flavour enhancer (635), colour (150d), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551), colour (150c)), seasoning (sea salt, maize maltodextrin, cane sugar, yeast extract, dehydrated vegetables, rice flour, natural vegetable flavours, caramelised sugar syrup, flavour enhancers (627, 631), sunflower oil), herbs, garlic, black pepper, pastry glaze (casein, lactose, sugar, raising agent (450), colour (160a)), colour (102, 110),

ALLERGENS: Contains wheat flour, egg, barley, soy, milk. GM Free.

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Nº8 MINCE-ATARIAN MINCE & CHEESE



THE LOW DOWN ON THIS **BIG BOY PIE – NO BULL!**

Our No 8 Mince-a-tarian Mince and Cheese Pie is made with Quorn mince, so it is ideal for Flexitarians who love pies and want to eat less meat, but still want a "meat like" pie eating experience. It is also suitable for Vegetarians and has been Vegetarian Society approved.

SOME INTERESTING STUFF **ABOUT QUORN** What is it made of?

Quorn mince, a mycoprotein, is made through a natural fermentation process, much like how cheese is made, but Quorn mince is fermented from non-animal inputs.

It is a great source of protein

Quorn's mycoprotein is a nutritionally healthy protein source that is naturally low in saturated fat and high in fibre and contains no cholesterol. It contains all nine essential amino acids and a variety of vitamins and minerals including potassium, calcium & phosphorus, and smaller amounts of selenium, magnesium & zinc.

It is great for the health of our planet

Carbon Trust has certified the carbon footprint of Quorn's mycoprotein since 2012 making it the first meat free protein source to have third party carbon footprint accreditation.

Producing Quorn's mycoprotein requires 90% less land, water and carbon emissions than producing animal proteins.

Pie Weight:	220g		
Product barcode:	9414195000188		
Date type:	Best before - frozen		
Shelf life:	Frozen 12 months		
Storage instructions:	Keeping a feed on hand: Keep your defrosted pies in the fridge at $2^{\circ}c$ to $-4^{\circ}c$. Once defrosted use within 4 days. Keep your pies in the freezer for ages at $-12^{\circ}c$ to $-18^{\circ}c$.		
Heating Instructions:	To heat from frozen - unwrapped: Preheat fan-bake oven and tray to 160 ^o C. Rip off the packaging and chuck the pie into the oven for 35 mins.		
	To heat from frozen - wrapped: Preheat fan-bake oven and tray to 160° C. Chuck the pie, wrapper and all into the oven and heat for 50 mins.		
	To heat from defrosted: If you defrost your pie we recommend this is done overnight in the fridge. Preheat fan-bake oven and tray to 160°C. Chuck the pie wrapped or unwrapped into the oven for 20 mins.		
	To microwave from frozen: (not recommended as it goes a bit soggy but if you are absolutely starving) Preheat fan-bake oven and tray to 160°C. Place the pie in the microwave and use defrost function to zap for 30 secs. Heat pie in oven for 20 mins until the pastry is nice and crispy.		

Country of origin: New Zealand

We pack our pies in various carton sizes to suit different customer needs. The Nº8 MINCE-ATARIAN MINCE & CHEESE is available in the following:

Carton options	Wrapped Space Saver Carton	
Packs in carton	6	
Product carton code	821344	
Carton dimensions	L 328mm x W 135mm x D 106mm	
Benefits The wrapped space saver carton is ideal if you have limited storage space and want an affordable way to offer a wide range of flavours.		

FEATURES	BENEFITS
A Big 220g pie made with Quorn, a healthy protein. It has a mince like texture and is topped with tasty and mozzarella cheese- it tastes awesome.	 Cater to your customers with bigger appetites who are also Flexitarian and Vegetarian.
Fantastic eye-catching POS material- pie warmer sticker, counter card, posters	 Shout out to your customers about this new flavour and watch it fly out the door
Wrapped Pie Space Saver carton L328mm x W135mm x D106mm Packs Pies = 6	 Smaller carton size is ideal when you have limited freezer storage space Allows you to buy regularly to meet demand but not tie up cashflow
Nº8 Mince-atarian Mince & Cheese will be featured on our Facebook page and www.goodtime.co.nz	 Consumers will be aware of the new №8 Mince-atarian Mince & Cheese pie which will stimulate demand and sales in your store
Product delivered frozen	 Clear easy to read colour coded labelling Best before date make stock rotation easy Great 12-month shelf life
Made by The Goodtime Pie Co	 Customers feel confident buying pies from a well -known trusted kiwi manufacturer Appeals to those customers who support kiwi made

The Goodtime Pie Co

Service Guarantee Nationwide delivery: Mon- Fri

(some exceptions apply) Next day delivery if your order is

received by 12.30pm

Easy ordering: freephone 0800 466 384 or www.goodtime.co.nz

Nationwide team of sales representatives to help you grow your business

Call freephone 0800 466 384 or email yummy@goodtime.co.nz



The Goodtime Pie Co NORTH Ltd. - 35 Turner Place, Onekawa, PO Box 3341, Napier, 4142, New Zealand. The Goodtime Pie Co SOUTH Ltd. - 27 Buchanans Road, Sockburn, PO Box 11308, Sockburn, Christchurch 8443, New Zealand.